

## Looking After Your Temporary Restorations

Please Read Carefully

1. Be careful with biting and chewing foods. Avoid hard, tough, crunchy and/or sticky foods. Floss carefully. After introducing the floss between the teeth, merely pull the floss through the side. Avoid pulling up or down on the temporary.
2. Your temporary is held in place with weak cement. Occasionally, it may become loose or come off before it should. Call us if the temporary comes off. We would like to re-cement it for you in a timely manner. If you cannot come in, replace the temporary with finger pressure or secure it with a small amount of denture adhesive.
3. The tissues around your temporary must be kept very clean and healthy. Flossing and brushing are the most important thing you can do to insure good tissue health.
4. You can expect some tenderness or soreness but only for a few days. Please call us if you experience any conditions that in your opinion seems to be out of the ordinary.